

THE JOY *of* dharma

{ for creatives }

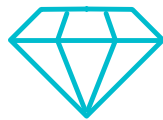


AN INTRODUCTION
TO THE IDEA OF DHARMA
& THE JOY OF PURSUING IT

Part of Your Creative Dharma online course

THE
JOY
of
dharma

{ for creatives }



Danielle Raine



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*“Each of us has a dharma,
a purpose in life.”*

~ DEEPAK CHOPRA

What is dharma?

Are you familiar with the term dharma?

For most of my life, I'd never even heard the word.

But ever since I discovered the concept 13 years ago, I've become fascinated by it, and fuelled by a vision of living in my 'creative dharma' - my definition of career success.

But what is *dharma*?

Dharma is an ancient Sanskrit term with a variety of definitions.

These include 'right way of living' (Hinduism), 'cosmic law and order' (Buddhism), and 'path of righteousness' (Sikhism).

The common theme through all these definitions is an idea of a certain way of living and being that is aligned with the Grand Plan for humanity.

And it's not necessary to follow or belong to a particular religion or ethos to believe in this principle of optimum living and alignment.

The definition that first led me this idea - and the one that inspired me to incorporate it into my life on a personal level - simply relates to our unique calling in life.

For me, dharma in a career sense is the unique blend of activities that leads to the most fulfilment, success and joyful expression.

I first discovered the concept of The Law of Dharma in the book The Seven Spiritual Laws of Success by Deepak Chopra.

According to Deepak, when we are 'in dharma', we are using our unique creative talents in a joyful way that *most* serves the world and leads to the *most* success.

As soon as I came across this idea, something inside me lit up.

Was this possible?!

Could we really do what we most love to do whilst also making a valuable contribution *and* a great living?!

I began to open up to a new vision for my career, for everyone's career - one without the compromise, struggle, frustration and failure I'd always thought was just part of the deal.

I envisaged a blissful blend of expression, purpose and prosperity.

As a lifelong creative who has always craved freedom and the joy of expression, this strategy for earning a living seemed like the Holy Grail.

I became obsessed with this idea of dharma, and the more I learned about it, the more I was hooked.

But as I explored the many facets of the term, I realised there were a number of differing interpretations.

So like any self-respecting creative maverick, I decided I would define my own version.

After all, terms like success, beauty, happiness etc - all mean different things to different people.

So why not embrace this lovely new concept of dharma that was so appealing, but choose for myself what that would look like in my own life?

I began to define my own version of dharma as an exciting vision of a career sweet-spot.

An occupation where we are in total alignment with our happiest creative calling, our zone of brilliance.

A unique blend of gifts, talents, service, expression, purpose and enjoyment.

A virtual crossroads where our talents and joyful expression intersects with both service to others and success.

I call this my Creative Dharma sweet spot - and it has become the ultimate goal and vision for both my career and my life.



So with reverence and gratitude for all the teachings on this beautiful concept of dharma, both ancient and modern, and with particular thanks to Deepak Chopra for lighting a spark of inspiration in my soul with his explanation - I offer you my vision of living and working in your creative dharma.

Introducing..

YOUR CREATIVE DHARMA

Your creative sweet-spot of success.



Just for a happy moment or two - imagine...

One day, not too far in the future, you suddenly realise that you're doing the work you have always wanted to do.

Work so fulfilling, so rewarding, that it's one of your favourite ways to spend your time.

Even if you didn't need to work, you would still do this activity.

You feel like you have found your place in the world.

You feel completely on track, crystal clear about your purpose.

You *know* that the work you are doing is why you're here on this planet.

You are sure and certain of your unique gifts - you have total confidence in how valuable they are to others.

You are expressing your unique and brilliant creative spirit in such a way that it enhances all areas of your life - your health, your relationships, your inner peace and sense of self.

When you're doing this work, you lose track of time, you're so focused, so in the flow and so fulfilled.

And when you finish your work for the day, you feel happy and content.

You'd rather do this work than rest or play.

In fact, it actually feels like restorative play.

Instead of feeling weary after a full day's work, you feel energised, lit up, full of enthusiasm, excitement and joy.

You enjoy the deep happiness that comes from knowing you are making a powerful and worthwhile contribution to humanity.

The rewards from this work are such a blessing, you would do this work for free.

And yet, by some mysterious magic, this work appears to be magnetic to success, prosperity and wealth of all kinds.

Money *flows to you*.

The people you are most able and happy to serve - they find you!

Synchronicities happen daily, bringing more of your audience and customers to your work.

Delightful and lucrative opportunities seem to fall into your lap.

Yes, you're taking action, doing the work - yet it feels as though you're being carried along by an invisible force that guides you to inspired action in a sense of effortlessness and ease.

You are in the flow, aligned with the whole universe in ways that benefit you and others.

You no longer do this work to make a living - your financial life seems to look after itself -and yet the more you love this work, the more you love to share your gifts and serve the world, the more money flows to you.

Automagically.

And - a joy to creative hearts - there is *no compromise*.

Your success is a vital part of your contribution.

Purpose *and* prosperity, fulfilment *and* financial success, wealth *and* happiness - you *can* have it all.

In fact, you have a divine mandate to prosper.

You have a sacred duty to *accept, allow and enjoy* success.

Because you most uplift the world from a place of empowered abundance that is not just a lovely side-effect of living in dharma - it's an essential ingredient.

You are only in dharma when you give *and* receive.

You are only the best version of you when you are living your purpose and enjoying rich rewards on all levels; emotional, physical and financial.

Your prosperity is part of the plan.

Your financial security and serenity are prerequisites for doing your greatest work.

You are called to prosper and succeed.

Because as you live in joy and prosperity and ease, your work and your energy is magnetic to evermore success - meaning you reach and serve and uplift ever larger numbers of fellow humans.

In your Creative Dharma zone, not only *can* you prosper, not only *will* you automagically prosper - but you *must* prosper.

It's part of the deal.

prosperity



And it gets even better...

More than the success...

More than the fulfilment and sense of purpose...

More than the ever-increasing flow of abundance...

More than the energising, life-enhancing wellness of being aligned with the flow of life...

The best bit is how much *fun* you are having.

You fall in love with life!

Your work, this unique work that you have found your way to - it is such a joy.

Creative bliss.

It lights you up.

It excites you and delights you.

It fills you with the pure pleasure of creating your unique work, offering your uniquely perfect service.

It feels *so* good.

You can't believe you get to do this work - and be paid for it.

And paid so well!

This feels like the Holy Grail of careers, purpose and a life's work.

You feel like you've hit the jackpot, you've won the career lottery.

And even though this work includes just enough challenge to stretch you and ensure that you grow and develop in perfect ways - there is an *ease* to this work.

You know you are in the zone.

You live most of your time in that magical flow state that seems to be so magnetic to miracles.

Ease. Flow. Joy.

Success. Contribution. Purpose.

Expression. Inspiration and a life-enhancing wellness.

This is the sweet-spot of your power, your potential and your desires.

The work that rewards you in all ways.

The work you are here to do.

This is Your Creative Dharma.



So, there you have it - my vision for what's possible for us all.

And surely, *the* dream way to make a living for purpose-driven creatives.

Does this idea of a creative dharma call you as much as it calls me?!

If it does, I'd like to help you.

My own dharma journey

Over the last 13 years, I have been on a mission to find my own creative dharma, my own career sweet spot.

It's been quite a journey!

Have I attained my Perfect Career?

These days, it feels pretty close - and getting closer every day.

In recent months, I've felt an acceleration of a lifetime of puzzle pieces suddenly falling into place.

I know my power and potential.

I feel clear on the work I'm here to do.

I'm still experimenting to find the optimum blend and balance, but happily, I'm starting to shape a career mix that feels like my calling and my unique life purpose.

I'm beginning to see a path unfold - a joyful, creative path that fits me perfectly - and some days that feels like winning the career lottery.

I can *imagine* living in dharma - and I know that in itself is a kind of miracle, a psychological and spiritual blessing that helps me see that it's possible.

Will everything be as perfect as my vision above?

I intend to find out.

And even if that kind of perfection is elusive or unobtainable, I know that holding the vision - imagining and intending to create this vision - is leading me to a career and a life that I love.

I also know from my results so far, that I will be guided to much joy, synchronicity and magic along the way.

So, I am fully committed to this path - the path to my creative dharma.





My calling

I believe that part of my path is to share what I'm learning along the way.

I feel called to share my dharma insights.

I'm realising that part of *my* dharma is to help other purpose-driven creatives to find *their* dharma and design a career that feels aligned with both their purpose *and* their aspirations.

Because over the course of my decade-long obsession with this idea of a creative dharma - I've learned a huge amount about purpose, potential, and how a creative calling can be a signpost to career success and the happy life we all dream of.

I've learned there are 4 key areas that, once in place, are like a magnet to opportunities, ideas and what I like to call 'automagic success'.

I want to share what I've learned about what works (and what doesn't) - and the potential for success that is available to us all.

(I wish I'd known all this ten or twenty years ago!!)

I don't claim to have totally mastered the art of living in dharma, nor can I promise that you will either.

I believe dharma mastery, like most forms of mastery, is more of a lifelong practice than a box to tick.

But I can share the short cuts I've learned from 13 years of studying this, as well as experimenting and implementing these principles in my own life and with my coaching clients.

And **Your Creative Dharma** is where I'm sharing what I've learned so far.

It's an online journey through the four key pillars of this magical dharma zone, as I understand it.

My intention is to guide dharma-seeking creatives in finding their unique career sweet-spot of expression, contribution, success and joy.

Can you imagine a world where soulful, kind and brilliant creatives are living in their dharma zone?

Can you imagine hundreds and thousands of writers, artists, designers, musicians, inventors and entrepreneurs expressing their gifts, uplifting the world, prospering and living in joy.

I believe this is an exciting ray of hope for our planet and for future generations.

And I feel my dharma is to do my bit in assisting that vision.

And true to the spirit of dharma - guiding others through their Creative Dharma journey is an absolute pleasure and delight.

It's one of my favourite things to do.



The joy of vision

I hope you have enjoyed this ebook and that my vision of a creative dharma sparks something wonderful in your heart and mind - even if it's just a new sense of what's possible...

Because there is joy in simply having a vision that excites us, and crafting a life in pursuit of that vision.

We don't need to get to the destination before we can enjoy the journey.

In fact, I believe the journey is the whole point.

In my own life, this idea of Creative Dharma - the vision and the intention to move closer to that vision - these hold many life blessings in themselves.

Blessings like excitement, optimism, purpose, fulfilment, contentment and a joyful anticipation of success.

So, if this calls to you, if you'd like to know more about discovering your dharma sweet-spot - I would love to support you in exploring this path.

I would love to invite you to a community of fellow creatives on the path to their zone of brilliance, their most powerful contribution and their vision of success.

From one creative soul to another, from my creative heart to yours - my promise is to offer you all I've learned so far.

Imagine expressing *your* uniquely brilliant creative talents in a way that leads you to prosperity, fulfilment and joy...

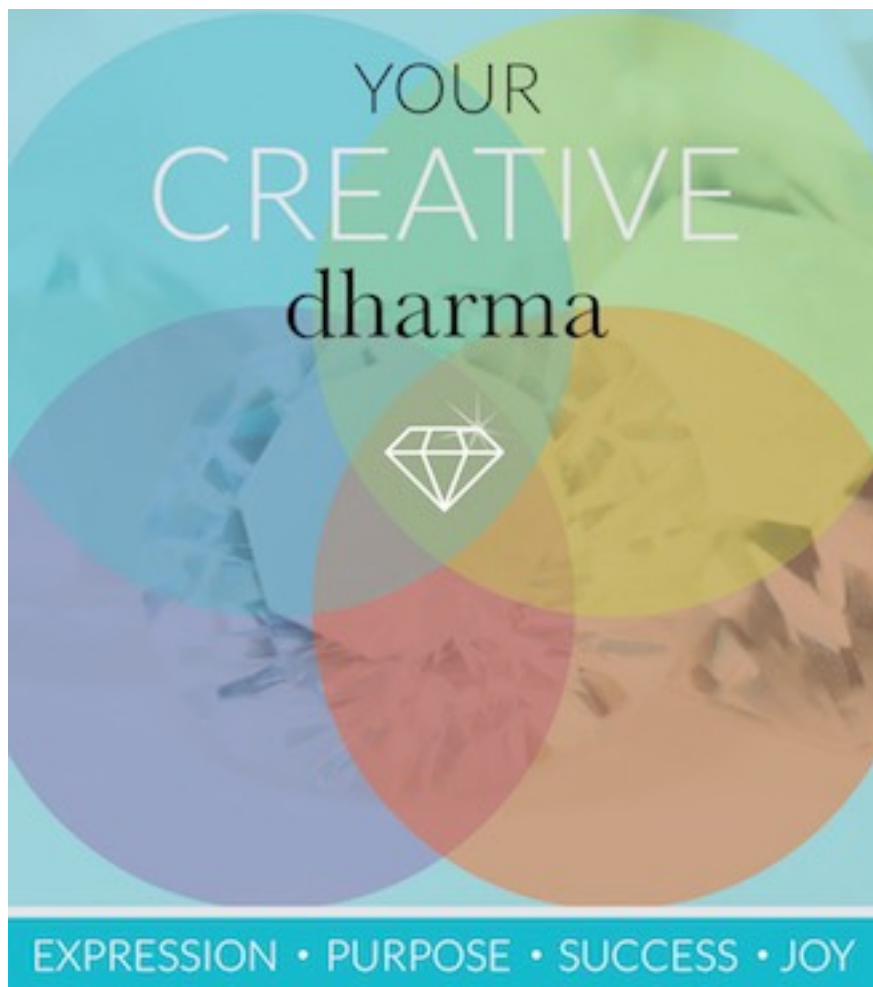
Imagine *that* life...

This is the promise of your creative dharma.

Will you join us?

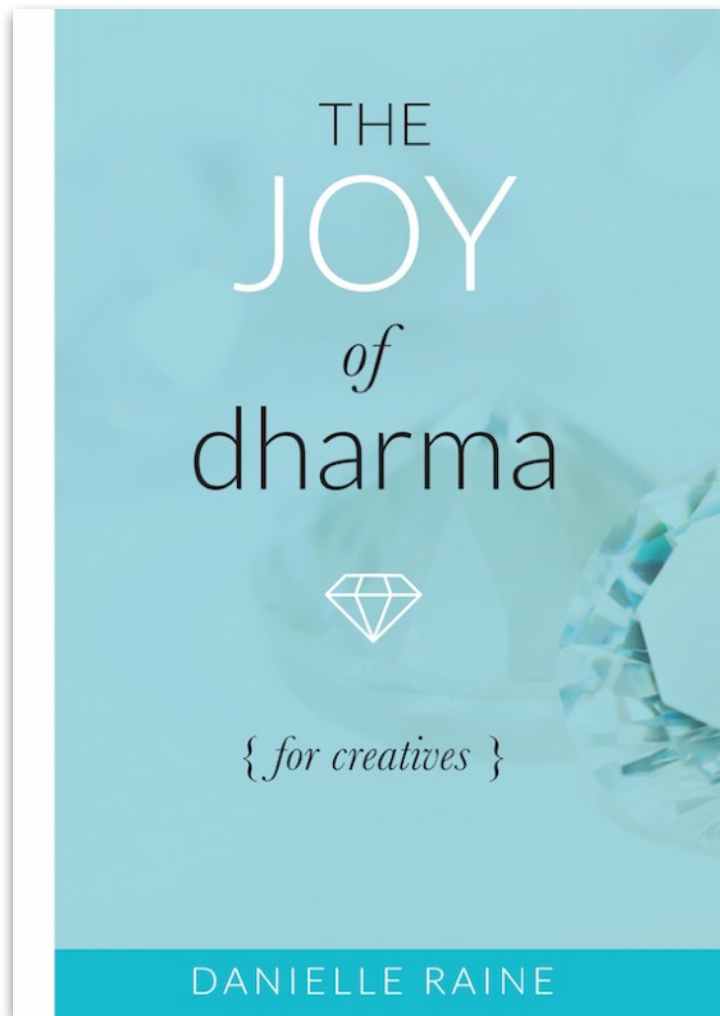
Danielle





A 5-WEEK ONLINE COURSE
EXPLORING THE PRINCIPLES OF LIVING IN DHARMA
AND HOW THEY APPLY TO A CREATIVE LIFE.

[MORE DETAILS](#)



If you know any purpose driven creatives who you think would enjoy this Joy of Dharma ebook, please feel free to send them a copy, or to sign up for [more details here](#).

And thank you for helping me live my dharma and reach more of the creative souls who feel called to uplift and inspire others.

Because happy creatives are good for the planet.

SHARE THE JOY OF DHARMA...

